



*Be a part of our  
quest for cures*

**BEQUEST FOR CURES**



## Message from the CEO

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At some point in our lives, we reflect on the things we have contributed to; our family, friendships and our community and the desire we have to make a difference and to leave a legacy.

I have always had a calling to science, a passion to discover, conquer and ultimately cure some of the most devastating diseases.

I have seen firsthand how bequests have made an enormous difference to the work we are doing at NeuRA; funding crucial research projects at critical points, allowing us to attract and retain the best and brightest researchers working on breakthrough projects and enabling

the purchase of new technology to facilitate progress.

Becoming a bequest partner with NeuRA is a significant gesture; it establishes a legacy for your passion to find cures.

My wife Kathy and I have updated our Wills to leave a gift to NeuRA to ensure this vital research work that changes millions of lives globally continues.

Will you join me in leaving a gift in your Will to research at NeuRA?

A handwritten signature in black ink, reading "P. Schofield". The signature is written in a cursive, flowing style.

**Prof Peter R Schofield**  
CEO, NeuRA

## Who we are

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Neuroscience Research Australia (NeuRA) is an independent, proudly Australian, not-for-profit medical research institute. Our goal is to prevent, treat and cure brain and nervous system diseases, disorders and injuries through medical research.

**Our quest for cures covers a range of areas including:**

- Alzheimer's disease
- Dementia
- Falls prevention
- Mental health
- Motor Impairment
- Motor neurone disease
- Obstructive sleep apnoea
- Pain
- Parkinson's disease
- Road safety
- Schizophrenia
- Sleep disorders
- Spinal cord injury
- Stroke



Dr Bill Brooks leads NeuRA's participation in international clinical trial aimed at preventing the onset of familial Alzheimer's disease.

# The importance of research

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**Medical research is the cornerstone of our efforts to advance health and wellbeing for our families and our community. For many affected by devastating disease, medical research offers the only hope.**

NeuRA is an outstanding performer in medical research. Here are just a few notable achievements:

- Participation in a global clinical trial aimed at preventing the onset of familial Alzheimer's disease
- Expanding research programs on the epidemiology of cognition and dementia with a focus on identifying lifestyle, brain and biological risk factors that lead to cognitive decline
- The discovery that the drug Raloxifene - an oestrogen based medication used in the

treatment of cancer and osteoporosis - was found to improve cognitive skills in people with schizophrenia

- Developed a home-based stepping exercise, designed for people with MS, can improve not only balance but also thinking skills
- Developed an app which can predict whether a person with acute back pain will develop chronic pain
- Discovery that half of all patients suffering major spinal cord injuries still have surviving sensory nerve connections, offering new hope to patients who may have been told they will never walk again

Professor Cyndi Shannon Weickert has been on a quest to determine the causes of schizophrenia for over 30 years.



## Why leave a bequest?

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Leaving a gift in your Will for NeuRA is one way you can influence the future development of significant and ongoing medical research. Becoming a Bequestor provides you with a pathway to be part of medical research and cures.

By making a gift in your Will, you will help us shape advances in medical research and assist in discovering, conquering and curing some of the most devastating diseases and disorders that currently impact you, your family, friends and the community.

*Whatever the size, every gift is important, helping us plan our future with confidence and security.*



**Dr Justine Gatt** aims to understand the neuroscience of wellbeing and resilience.

## Gordon's **BEQUEST FOR CURES**

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**Gordon Jackson,**  
Bequestor



Over time, I have realised more and more the importance of medical research into various diseases and illnesses that befall many of us as we age.

Some members of my family and certainly family of my friends suffer from various neurological disorders. These disorders can make life very difficult for the individual and brings great pressure to bear on their loved ones as they try to cope.

**I believe that the amazing research that many of the extremely capable research scientists who work at NeuRA produce, gives us an insight into why people suffer various neurological diseases.**

**Through their research, we may eventually not only understand why they occur, but how to delay their onset and hopefully one day to help prevent them.**

This can only be done by donor support and it has always been important to me to make my own contribution of funds, so that I can help with this vital research.

I have also made provision in my Will to leave money to NeuRA so that I know the outstanding work conducted by the research scientists will continue.

## How to leave a bequest

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### **Including NeuRA in your Will is simple.**

You can either include the bequest when you prepare your Will or add a CODICIL to your existing Will.

To ensure your wishes are legally binding, we recommend you seek the advice of a solicitor.

### **Types of bequests**

1. You can leave a percentage of your estate.
2. After meeting all your personal commitments, you can choose to leave NeuRA the balance or residue of your estate.
3. If you wish to support research in a particular area, or give for a particular purpose like a commemorative scholarship or endowment, please discuss this with us.
4. You may wish to leave certain assets such as shares.



## Suggested wording for your Will

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**The following suggested wording may be a useful guideline for you and your solicitor:**

"I give to the Neuroscience Research Australia Foundation (ABN 57 008 429 961):

1. The residue of my estate; or
2. [...] percent of my whole estate; or
3. [...] percent of the residue of my estate; or
4. The sum of \$ ....

to be used for its general purposes including research into diseases and conditions of the brain and nervous system, which I direct to be paid free of all debts, expenses and duties of whatever kind.

The receipt of the treasurer, secretary or authorised officer for the time being of the Neuroscience Research Australia Foundation is an absolute discharge to my Executors."

**Should you wish to direct your gift to a specific area of our research, such as Parkinson's, dementia or schizophrenia, you would add a sentence to that effect in the first paragraph:**

"I express the wish that the gift be applied for research into [disease] and other associated disorders."



*“Because I am committed to NeuRA’s important work, to alleviate the burden of disease that many Australians have to face, I have left a gift in my Will.”*

– Stewart Horwood, Bequestor

*Will you be a part  
of our quest for cures?*

*At NeuRA, we develop health and medical advances  
that help transform people's lives and deliver meaningful  
outcomes to conquer and cure disease of the brain.*

**Neuroscience Research Australia (NeuRA) Foundation**

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